WHO Standard Acupuncture Point Locations in the Western Pacific Region

The Primo Vascular System

Auriculotherapy Manual

Critically exploring scientific thought and its relation to religion in traditional Tibetan medicine, Being Human expands our sense of Tibetan cultural history, unpacking the intersection of early modern sensibilities and religious ideals during the time of the Fifth Dalai Lama. Studying the adaptation of Buddhist concepts and values to medical concerns, the book also advances an appreciation of Buddhism's role in the development of Asian and global civilization. Through its unique focus and sophisticated reading of source materials, Being Human captures the religious character of medicine in Tibet during a period when it facilitated a singular involvement in issues associated with modernity and empirical science, all without discernible influence from the European Enlightenment. The book opens with the bold achievements of medical illustration, commentary, and institution building, then looks back to the work of earlier thinkers, tracing a subtle dialectic between scriptural and empirical authority on questions of history and the nature of human anatomy. It follows key differences between medicine and Buddhism in attitudes toward gender and sex, and the shaping of medical ethics to serve both the physician and the patient's well-being. Being Human ultimately finds that Tibetan medical scholars absorbed ethical and epistemological categories from Buddhism yet shield away from ideal system and absolutes, embracing instead the imperfectability of the human condition.

Acupuncture Points Handbook

Compiled and edited by senior specialists and professors of the School of Acupuncture, Moxibustion, and Massage of Beijing University of Chinese Medicine. Acupuncture therapy takes acupuncture points as the foundation. All its therapeutic effects are obtained by the stimulation of the points. Therefore, the study of acupuncture points plays an important role in the study of acupuncture. Among all the acupuncture points, specific acupuncture points are of utmost importance. Specific acupuncture points refer to points of the fourteen meridians and of the therapeutic effects and titles, including five-shu points, yuan-source points, luo-connecting points, xi-cleft points, back-shu point, front-mu point, lower he-sea points of the six fu organs, eight influential points, and confluence points of the eight extraordinary vessels. Specific acupuncture points have far more effective curative effects than other points. Therefore, to be familiar with and master the knowledge of specific acupuncture points is the necessary basis for the study and application of acupuncture therapy, as well as the essential condition for a satisfactory clinical curative effect. The book is applicable to teachers and students of TCM colleges, researchers, universities, as well as professional clinical practitioners. One of four books in the Quick Reference Handbooks of Chinese Medicine series Comprising: Acupuncture - of Acupoint Combinations Quick Lookups Human Body Reflex Zone Quick Lookup, anatomical illustration of reflex zones Quick Investigation On Acupuncture Points Categories Med001000 Medicine/Acupuncture Med004000 Medicine/Complementary/Holistic MX Medicine/Complementary Sales points: - Reflex zone therapy has a long history in China. - Takes in the latest research - Clear colour images of every
Pocket Atlas of Acupuncture

Auriculotherapy Manual: Chinese and Western Systems of Ear Acupuncture provides a comprehensive guide to the practice of Chinese and Western systems of ear acupuncture. This impressive new edition utilizes 3-D models of the external ear, as well as 3-D anatomical images, to demonstrate the somatotopic relationship between particular parts of the body and specific regions of the auricle. This is the first ear acupuncture text that has incorporated 3-D technology in order to present amazing images of the auricle which precisely indicate ear acupoint positions. The book offers in-depth evaluation of the theoretical and clinical underpinnings of auriculotherapy, describing and illustrating over 200 ear acupuncture points and more than 200 auriculotherapy treatment protocols for clinical disorders ranging from chronic pain to substance abuse to visceral and neurological disorders. There are an expanded number of auricular landmarks that are utilized to guide the practitioner in accurately determining the precise location of hidden ear points on the 3-D model. These landmarks further reveal the varied depth perspectives of the external ear. The ear reflex points presented in this manual are based upon systematic research conducted at the UCLA Pain Management Center and upon the extensive clinical findings of medical doctors and acupuncturists in China and Europe over the past 50 years. Scientific and clinical information from the most recent international symposia of auricular acupuncture have been used to update the scientific and clinical knowledge presented in this fourth edition. Each chapter is organized in same basic order, beginning with an introductory overview, progressing to the main topics in the chapter, and ending with a section listing a definition of terms and a set of preparatory sample questions. The book is concise and clear enough for students yet provides provides sophisticated clinical approaches to allow the experienced practitioner to enhance and complement their existing treatment strategies.

Choice

Atlas of Acupuncture

Shiatsu Anma Therapy. DoAnn's Short & Long Forms

Early medical practices are not just a historical curiosity, but real stories about people and health that may teach us much about the 21st century. This intriguing volume offers a comparative examination of early medicine and health care in regions as varied as ancient Mesopotamia, Egypt, Greece, Rome, India, China, the Islamic world, and medieval Europe. • Excerpts from significant original texts to illustrate the concepts discussed • Illustrations drawn from many different ancient and medieval cultures portraying health care providers and the treatment of patients • Photographs depicting medical instruments and medicinal herbs • A bibliography that puts special emphasis on identifying English-language translations of original documents for those who would like to read the primary materials themselves

Pocket Atlas of Acupuncture and Trigger Points

This book is a practical guide to tools, skills, and techniques common to all acupuncture practice with emphasis on those that are uniquely or creatively Japanese. It is clear, direct, and completely illustrated with high-resolution close-up photography. The instructions are simple and concise so that they may be easily applied to the practice of any acupuncture tradition. Features: * Covers traditional needle techniques - filiform needling, supplementation and drainage, and needle with moxa, all with several approaches * Moxibustion is covered in detail, as are instruments, intradermal needles, press tack needles and spheres * Describes in detail highly specialised Japanese techniques such as shonishinpo (treatment techniques for children), Hiratazone therapy and Manaka wooden hammer and needle, as well as techniques such as cupping which are used throughout Asia * Introduction covers modern Japanese training and practice, including a highly useful guide to root treatment * Includes suggested treatment protocols for clinical application

Area Bibliography of China

Bodies in Balance

Practiced for more than 2,000 years, acupuncture was once restricted to the realm of alternative medicine. It was thought to be based on mythical elements and not easily understood by those in the scientific community. Acupuncture: An Anatomical Approach, Second Edition dispels these notions and brings this once backroom therapy into the forefront—explaining it in terms that can be easily comprehended by all medical professionals. Presenting a scientific, anatomical approach to acupuncture, this volume discusses: The basics of the nervous system Acupuncture points located in the head and face, formed by the cranial nerves The cervical plexus, which forms acupuncture points in the neck region Acupuncture points formed by the brachial plexus in the upper limbs, spinal nerves in the body trunk, and the lumbar–sacral plexuses in the lower limbs The anesthesia effect of biochemical substances in the nervous system The measurement and quantification of pain Applications of acupuncture in clinical practice, from cases easy to treat to those more challenging Theories on the future of acupuncture The treatment of pain, in general, is controversial, as many therapies have unintended consequences and side effects. Acupuncture provides a therapy that is quick, easy to perform, and requires no medications. This volume enables physicians, osteopaths, pain specialists, chiropractors, and other health professionals to perform this effective treatment for their patients who experience both chronic and acute pain.

Acupoint Location Guide

Learn all about the origins, theories, fundamentals and therapeutic effects of medical qi gong in this unique, practical textbook. As the first qi gong book designed especially for Chinese medicine practitioners and their patients, this book will teach you how to practice common qi gong forms to boost the health and combat illness. Common Chinese medicine disease patterns and their appropriate treatments using qi gong exercise are described in detail. We are sorry that the DVD content are not included.

The Acupuncture Treatment of Pain

The PA of Acupuncture provides the reader with a brief overview of the history of acupuncture in China and Europe, it describes the underlying principles of Chinese medicine and how it differs from Western medicine, and it looks at the way Western medicine attempts to explain the effects achieved by acupuncture therapy. The main focus of this book is the presentation of 361 classic acupuncture points giving details of their locations, the way they are classified, their actions and indications, as well as the needling techniques to be used. On the pages facing the descriptions, there are precise anatomical drawings showing the paths of the channels and the points located on them.

Imagining Chinese Medicine

This guide is a response to the need for clear and accessible descriptions of acupoint locations, a small but critical part of Chinese traditional Acu-medicine knowledge. This revised edition endeavors to provide easy to use directions for the exact locating of acupoints. Short, uniformly formatted textual descriptions are given alongside corresponding anatomical maps. The text and illustrations conform to the guidelines listed below. Efforts have been made to include alternative locations of points which are mentioned in various sources. It does not presume to be a new approach, nor is it limited to one particular perspective. The Acupoint Location Guide was first published in 2000, and was written as the book I envisioned as a student. Since then it has served thousands of students in their studies. I hope you will enjoy it too. Illustration Guidelines: ------------------------ -The illustrations present all important anatomical details required for accurate location of the points. -The different strata of the body: bones, muscles and tendons, skin, and arteries, are clearly delineated. -The illustrations show the correct body posture for locating the points. -All points are shown on the left side of the body, although they are found on both sides. Some illustrations show the point, unlabeled, also on the right side with additional anatomical aspects of the location. -It is a good idea to use different colors to mark the various body structures in the illustrations, and to underline the corresponding text in the same color. Text Guidelines: --------------- -The names of the acupoints are given in Pinyin and in the NCCA abbreviations. -The "Location" describes the point's horizontal and vertical position on the body, following the recommended body posture, if such is relevant. -"Tips & References" provide the reader with additional information such as definitions from traditional sources, anatomically related structures and finger-tip search instructions. -Most sources agree on the locations of points. "Alternative Locations" gives a variant location when such exists. Sources for alternative locations are given in the appendix, on p. 179. -The text aims at accessibility to the general reader. All special terms ("cun" units, anatomical directions) are defined and illustrated in the Introduction. Names of anatomical structures are shown in the accompanying illustration. -In order to keep the location definitions short and clear, simple terms have been substituted for the classical terminology. For example, a point located on the upper border of an organ is described as "superior to" instead of "on the superior border of." A point located directly above a site is described as "vertically superior to," or, if a cun measure is given; "X cun superior to."
This presentation uses anatomically precise, computer-generated reconstructed images of the human body for three-dimensional presentation of acupuncture points and channels. The CD component is fully interactive and allows the user to see through tissue layers, remove tissue layers, and rotate structures so that specific acupuncture points can be v

**Ear Acupuncture**

A concise full-color book, complete with detailed anatomical drawings, describes the most used and popular acupuncture points on the body that may be used with needle, pressure, moxa or magnets. Original.

**Japanese Acupuncture**

A remarkable journey through Chinese medical illustrations from the earliest illustrated manuscripts to advertising and comic books. Senior and emerging scholars from Asia, Europe and the Americas rethink the history of medicine, its epistemologies and materialities, challenging Eurocentric narratives.

**The Concise Book of Acupoints**

Praise for the First Edition:This book is an excellent reference for acupuncturistsThe illustrations are clear and anatomically precise.--acupuncture.com Written by one of the world’s leading experts on Western auriculotherapy, Ear Acupuncture -- now in a fully updated Second Edition -- provides readers with succinct descriptions of acupuncture points and practical advice on how to incorporate ear acupuncture treatment strategies and techniques into daily practice. Based on the work of auriculotherapy masters Nogier and Bahr, each practical two-page unit is comprised of concise text on the left-hand side supplemented by clearly labeled line drawings on the right. Localization points indicated in color depict each specific reflex zone. In cases where localization is particularly difficult, helpful enlargements of the region in question allow for easy identification. Features 360 high-quality drawings demonstrate key points and treatment options. Detailed coverage of nine new points, including the anger point, shen men point, super omega point, and more. Numerous cross-referenced indications tables allow quick access to needed information. This user-friendly guide is the ideal choice for students or teachers of acupuncture and pain management or for anyone involved in the practice of complementary medicine.

**Acupuncture of Acupoint Combinations Quick Lookups**

**Anatomical Atlas of Chinese Acupuncture Points**

This concise pocket-sized acupuncture guide is what professionals have been asking for! It is the first pocket atlas to cover all the major body and ear acupuncture points, including extensive coverage of the trigger points. Detailed descriptions of the localization, needling depth, indications, and functions of each point are provided. The different schools of ear acupuncture (e.g., Chinese vs. Nogier), often a source of confusion for practitioners, are presented side by side, usually in full-page illustrations, enhancing this book’s usefulness as a daily reference guide. The presentation of three acupuncture therapy systems follows a clear didactic concept: All points are shown in text and image, and the localization of the points is aided by means of anatomic drawings and photographs. Coming from diverse specialties, the authors provide you with the most complete, useful, and accurate information available. Acupuncture points are described using the “visual-didactic processing system,” which is rapidly gaining praise and recognition for its easy-to-use format. The clearly written text is augmented by high-quality color images. Hecker’s Pocket Atlas of Acupuncture and Trigger Points is ideal as a quick reference in your daily practice or as an exam preparation guide. This wealth of information makes it invaluable to experienced practitioners and to novices alike.

**Acupuncture Therapy for Neurological Diseases**

Providing clear information on the full range of acupuncture points and main channels in a systematic and clear way, this acupuncture atlas not only provides beginners with an overview of the most important acupuncture points, but can also be used by experienced practitioners to extend their knowledge.
Anatomical Atlas of Chinese Acupuncture Points: The Cooperative Group of Shandong Medical College and Shandong College of Traditional Chinese Medicine covers the common points with their relations to human anatomical structures and the locations of points and indications. The book provides illustrative 100 plates and pictures that fall into three categories: the first part deals with the courses of 12 channels and 8 extra channels (Mai), points on such channels, locations, and indications. The second part describes the relationships between familiar points and their relative anatomical structures (head and neck, trunk, upper, and lower extremities). Points of auricular acupuncture and their indications are included in the third part. The book further presents an index of the ear acupuncture points. The book will be invaluable to people working in the fields of combining Chinese traditional medicine with Western medicine, research work as well as clinical therapeutics.

A Manual of Neuro-anatomical Acupuncture: Musculo-skeletal disorders

Massage Fusion is an essential companion for any manual therapist interested in treating common pain issues. Acclaimed teachers and therapists, Rachel Fairweather and Meghan Mari offer a practical and dynamic step-by-step approach to gaining results with persistent client problems such as low back pain, neck pain, headaches, carpal tunnel syndrome, TMJ disorders, stress-related conditions and stubborn sporting injuries. The book outlines a clear and evidence-based rationale to treatment using a clinically tried and tested combination of advanced massage techniques including myofascial work, trigger point therapy, acupressure, stretching and client self-care suggestions. Named after the authors’ successful UK based training company, the 'Jing method' has helped thousands of therapists build their practices. Beautifully illustrated with clear photographs of each step, this book gives massage therapists a tried and tested blueprint for approaching chronic pain conditions with confidence. Drawing on both the available evidence and several decades of clinical experience, Massage Fusion brings together art and science, East and West, philosophy and psychology into a joyful exploration of how to gain the best results for your clients. A must read for all bodyworkers who want to be the best!

Acupuncture Point Wall Chart

Acupuncture Research

The book is compiled and edited by senior specialists and professors of the School of Acupuncture, Moxibustion, and Massage of Beijing University of Chinese Medicine. Combination acupoints are two or more acupoints with the same or similar effects. The acupoints in the acupoint group cooperate with each other and play a therapeutic role in coordination, which can improve the curative effect. The focus is on describing the main treatment, standard orientation, acupoint selection techniques of each combination acupoint, acupoint anatomy, acupuncture. Acupoints can be accurately selected according to the images, which is convenient for clinical application of combined acupoints. Applicable to teachers and students of TCM colleges, researchers, universities, as well as professional clinical practitioners. It gives clear and practical descriptions, supported by colour photos. This is one three others in the Quick Reference Handbooks of Chinese Medicine series Comprising: Illustrations Of Special Effective Acupoints for common Diseases Human Body Reflex Zone Quick Lookup, anatomical illustration of reflex zones Quick Investigation On Acupuncture Points - Selection of Professor Yang Jiasan Sales points: - The book is compiled and edited by senior specialists and professors of the School of Acupuncture, Moxibustion, and Massage of Beijing University of Chinese Medicine. - Takes in the latest research - Clear colour images of every treatment

Acupuncture and Moxibustion for Beauty and Skin Care

Acupuncture has been practiced for more than 2500 years in the Western Pacific region and has become a global therapeutic method in recent decades. However, it was reported that acupuncturists differed by up to 25% in the acupuncture points they used, raising doubts and uncertainty regarding the efficacy and safety of acupuncture treatment, as well as causing difficulties in the fields of acupuncture research and education. Member States therefore increasingly began to demand standardization in acupuncture point locations. Responding to this request, the WHO Western Pacific Regional Office initiated a project to reach consensus on acupuncture point locations and thus convened 11 serial meetings resulting in these guidelines. This Standard acupuncture point locations in the Western Pacific Region stipulates the methodology for locating acupuncture points on the surface of the human body, as well as the locations of 361 acupuncture points. The Standard is applicable for teaching, research, clinical service, publication, and academic exchanges involving acupuncture.

Interactive Medical Acupuncture Anatomy
Almost since the inception of jiu-jitsu, probably twenty-five centuries ago, the Japanese began to get inklings of the possibilities of that wonderful science of vitality which has since become known under the name of Kuatsu. This excellent pictorial guide to the basic movements of the Japanese art of revival is easy to follow and full of information for the curious and the seasoned practitioner. This book contains classic material dating back to the 1900s and before. The content has been carefully selected for its interest and relevance to a modern audience.

Anatomical Atlas of Chinese Acupuncture Points

This is the first book to set out a full range of research strategies for evaluating the clinical practice of acupuncture. Leading acupuncturists and researchers with international reputations share their expertise. They illustrate their descriptions with practical examples of what has worked and what has not. It outlines many of the key challenges in the field. These challenges relate to the nature of acupuncture and the gap between current research evidence and the actual experiences of acupuncturists in the field. By focusing the chapters on key research questions, rather than methods, the book has a user-friendly feel. Each chapter is easily accessible with brief explanations of research designs as well as vignettes of relevant past research. The book is based on a deep understanding of acupuncture, with its inherent complexity in practice, whether based on traditional principles or more modern concepts. By incorporating a more sophisticated understanding of the field, this book details a range of strategies aiming to develop the evidence base with the utmost rigour. It is the first book on acupuncture research to take this unique view, integrating the very best of evidence-based medicine with a genuine sensitivity to the discipline of acupuncture, from its traditional and holistic roots to its more modern interpretations.

Color Atlas of Acupuncture

Acupuncture therapy has been practiced in China and other Asian countries for more than two thousand years. Modern clinical research has confirmed the impressive therapeutic effect of acupuncture on numerous human ailments, such as controlling pain, nausea, and vomiting. However, the biological mechanisms of acupuncture are still under debate. In Traditional Chinese Medicine (TCM), the mechanism of acupuncture therapy is explained by a meridian model. According to this model, acupuncture is believed to treat the diseased organs by modulating two conditions known as Yin and Yang, which represent all the opposite principles that people find in the universe, both inside and outside the human body. Yin and Yang complement each other, and are subjected to changes between each other. The balance of Yin and Yang is thought to be maintained by Qi, an energy substance flowing constantly through the meridian, a network connecting all the organs of the body. The illness, according to this theory, is the temporary dominance of one principle over the other, owing to the blockage of the Qi from flowing through the meridian under certain circumstance. The axiom of “No stagnation, No pain” in TCM summarizes this concept. Thus, the goal of acupuncture treatment is to restore the balance of Yin and Yang conditions in the diseased organ(s). This theory has been considered to be useful to guide this ancient therapy, such as carrying out diagnosis, deciding on the principle, and selecting the acupoints.

A Practical Handbook of Acupuncture Points

Quick Investigation On Acupuncture Points

Qi Gong in Chinese Medicine

The Golden Points

A guide to learn the art of acupuncture point location. It provides a description of the acupuncture points along the channels and vessels as well as extra points. It also includes various needling and moxibustion techniques along with cross anatomical and illustrations. It also describes the meaning of the Chinese names of the points.

Kuatsu, Or the Restoration of Life - A Guide to the Medical Art of Kuatsu - Including Images

Here are safe and effective drug-free methods of pain control for use by those in the healing professions. Includes treatment for chemical dependency.
**Health and Wellness in Antiquity through the Middle Ages**

**Practical Atlas of Tung's Acupuncture**

A flexi textbook that contains information on all the major body and ear acupuncture points, as well as an extensive coverage of trigger points. The text is augmented by 126 illustrations pertaining to body acupuncture, 48 illustrations on ear acupuncture, and 114 illustrations on trigger points. The description of each point includes: exact location, depth of needling, indication function in TCM. The different schools of ear acupuncture (e.g., Chinese vs. Nogier), often a source of confusion for many practitioners, are presented side-by-side. While the terminology of the points follows Chinese standards for acupuncture, the body parts are named following up-to-date anatomical nomenclature, and the description of trigger points also mentions the respective muscle and pain projection zones. Illustrations include color photographs and clear full-color drawings.

**Massage Fusion**

Proceedings from the first International Symposium on Primo Vascular System 2010 (ISPS 2010) with special topics on cancer and regeneration was held in Jecheon, Korea during September 17-18, 2010. Includes coverage of new study results that have better revealed the functional aspects of PVS, including its roles in the areas of regenerative medicine and cancer.

**Being Human in a Buddhist World**

The handbook examines the location, indication, and needling methods of each point on the 12 primary channels as well as the du and ren vessels, extra points, scalp acupuncture, auricular acupuncture points, face acupuncture points, nose acupuncture points, hand acupuncture points, foot acupuncture points and needling insertion points of wrist and ankle acupuncture. Many illustrations are inserted in the text. The very clear combination of text and illustration for each point gives TCM students and acupuncturists a practical way to locate and use acupuncture points.

**Acupuncture**

A combination of scholarly, commercial, and popular interests has generated a large quantity of literature on every aspect of Chinese life during the past two decades. This bibliography reflects these combined interests; it is broken up into sections by subject headings, and cross-references refer the researcher to related topics.